PHONE (08) 9448 0004

FAX (08) 9447 0309

EMAIL info@surfingwasurfschool.com.
WEBSITE surfingwasurfschool.com.au

POSTAL PO Box 382, Karrinyup WA 6921

ADDRESS 368 West Coast Drive, Trigg WA 6029



# SAFE SURFING PROGRAM LANCELIN BOOKING REQUEST FORM 2020/2021

School:			Teacher							
Phone:			PO #							
Email:										
Accounts payable:										
						ı		ı		
Year Group:		Time:				Day:				
No of Students:		Location:				No of	f Lessons:			
Term 1				Term 3						
February				July						
March				August						
April										
Term 2			Term 4							
April				October						
May			November							
June				December						
July										
PRIORS (all units a superiors and a superiors and a boundary of a bounda										
PRICES (all prices are per hour, a minimum of 2 hours required for booking)  Surfing (Ratio of 1 Coach: 8 students)										
1 - 8 students: \$20		•								
9 -16 students: \$40	00									
17 -24 students: \$6	500									
<ul> <li>Terms and Conditions</li> <li>Please submit a class list prior to the first lesson (email preferable)</li> <li>Please attach any medical details on students as required.</li> <li>Invoices will be issued prior to commencement of the course. Payment terms are strictly 14 days.</li> <li>Schools are required to give 24h notice on cancellation of lessons, whereby refunds/ credits will be issued.</li> <li>Schools cancelling lessons without 24h prior notice will be charged the full price of the lesson.</li> <li>Completed forms need to be signed and returned to bookings@surfingwasurfschool.com.au</li> </ul>										











#### SAFE SURFING PROGRAM CERTIFICATE LEVELS

#### Level 1 (Suggested Duration: 4-6 weeks)

- Reading surf conditions and identifying dangerous situations
- Basic fitness for surfing
- Paddling
- Catching broken waves
- Wave Zone Negotiation
- Wiping out safely
- Equipment for surfing

# Level 2 (Suggested Duration: 4-6 weeks)

- Wave selection
- Turning and dismounting
- Responsibilities of the surfer in the surf zone
- Principles of personal safety and surfing rescues
- Fitness training for surfing

# Level 3 (Suggested Duration: 6-8 weeks)

- Advance wave negotiation
- Catching and riding unbroken waves
- Riding left and right
- Bottom turning
- Riding different types of equipment
- Role of local marine safety professionals
- Basic surfing first aid
- Surfing equipment

# Level 4 (Suggested Duration: 8-10 weeks)

- Forehand and backhand cut backs
- Adjusting skills and equipment to match wave conditions
- Interpreting weather conditions
- Surfing Australia clubs and membership

#### Level 5

- Performing simple manoeuvres in a simple sequence
- Kicking out from waves
- Picking wave take-off points to maximise surfing time and conserve energy
- Ocean environments and the surfers' role in protecting the environment









# SURFING WA EXCURSION POLICY FOR SCHOOL SURFING PROGRAMS

#### **INFORMATION**

Surfing Western Australia is recognised as the governing body for the disciplines of shortboard surfing, longboarding, bodyboarding and stand up paddle boarding in this State.

The association is committed to providing opportunities to participate in surfing at all levels.

#### **ENVIRONMENT**

In consultation with the relevant management authorities, Surfing WA will be responsible for the daily assessment of conditions and the feasibility of the venue for activity.

#### **TRANSPORT**

Transport to and from the Surfing WA operations area is the responsibility of the client.

#### **PRE-REQUISITES**

It is the responsibility of the client to ensure all participants are seven (7) years of age or above, able to swim at least 50 meters and tread water/float unaided for at least 1 minute.

It is the responsibility of the client to inform Surfing WA of any specific student's health or medical issues which may pose a safety risk to themself or others during a lesson/prevent them from achieving the above requirements.

Upon request, provision can be made for a student in this situation to participate – a cost may be incurred dependant on the individual's requirements.

#### SUPERVISION AND STAFF

Mandatory requirements for Surfing WA coaching staff are:

- Qualified Level 1 NCAS Surfriding Coaching Accreditation.
- Registration with the Australian Sports Commission.
- Annually updated S.L.S.A Surf Rescue Certificate
- Apply First Aid Certificate
- Working With Children Check

Supervised ratios of participation in Safe Surfing programs are:

•	Shortboard surfing:	One (1) Coach	per	Eight (8) students
•	Longboard surfing:	One (1) Coach	per	Eight (8) students
•	SUP boarding:	One (1) Coach	per	Eight (8) students
•	Bodyboarding:	One (1) Coach	per	Twelve (12) students

#### Surfing WA staff are also responsible for:

- Identifying a Safe Surfing environment.
- Monitoring weather and environmental conditions prior to and during activity
- Effecting and/or coordinate a rescue
- Rendering emergency care
- Monitoring the well-being of students









## **COMMUNICATION**

Surfing WA staff will utilise one or all of the following methods of communication:

- Verbal
- Whistles
- Hand signals/ Signs
- Mobile Phone
- Beach Inspectors

#### **INSURANCE**

Surfing Western Australia hold Public Liability Insurance policy of \$20 million. A copy of the Certificate of Currency will be available upon request.

#### **COMPLETE EMERGENCY RESPONSE PLANNING**

Surfing Western Australia has a comprehensive Risk Management Plan in place for all events and activities. It is the responsibility of the school to provide Surfing WA with a student participation list containing:

- Full Name
- Date of Birth
- Post Code

This information is required for proof of participation and insurance purposes and will remain confidential.

## **BRIEFING OF STUDENTS AND SUPERVISORS**

Prior to any course commencing, supervisors and students will be briefed on safety issues, responsibilities and guidelines for participation.

#### FOR MORE INFORMATON

Matt Wilson Operations and Surf School Manager 08 9448 0004 bookings@surfingwasurfschool.com.au







