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SAFE SURFING PROGRAM ROTTNEST BOOKING REQUEST FORM 2019-2020

School:		Teacher	
Phone:		PO #	
Email:			
Accounts payable:			

Year/ Group:		Time:		Day:	
No of Students:		Location:		No of Lessons:	

Term 1		Term 3	
February		July	
March		August	
April		September	
Term 2		Term 4	
April		October	
May		November	
June		December	
July			

PRICES (all prices are per hour and include travelling fee per coach)

Surfing (Ratio of 1 Coach: 8 students)
1 - 8 students: \$280
9 -16 students: \$505
17 -24 students: \$708

Terms and Conditions

- Please submit a class list prior to the first lesson (email preferable)
- Please attach any medical details on students as required.
- Invoices will be issued prior to commencement of the course. Payment terms are strictly 14 days.
- Schools are required to give 24h notice on cancellation of lessons, whereby refunds/ credits will be issued.
- Schools cancelling lessons without 24h prior notice will be charged the full price of the lesson.
- Completed forms need to be signed and returned to **bookings@surfingwasurfschool.com.au**

I agree to the above conditions, signed by teacher: _____ Date ____/____/____



SAFE SURFING PROGRAM CERTIFICATE LEVELS

Level 1 (Suggested Duration: 4-6 weeks)

- Reading surf conditions and identifying dangerous situations
- Basic fitness for surfing
- Paddling
- Catching broken waves
- Wave Zone Negotiation
- Wiping out safely
- Equipment for surfing

Level 2 (Suggested Duration: 4-6 weeks)

- Wave selection
- Turning and dismounting
- Responsibilities of the surfer in the surf zone
- Principles of personal safety and surfing rescues
- Fitness training for surfing

Level 3 (Suggested Duration: 6-8 weeks)

- Advance wave negotiation
- Catching and riding unbroken waves
- Riding left and right
- Bottom turning
- Riding different types of equipment
- Role of local marine safety professionals
- Basic surfing first aid
- Surfing equipment

Level 4 (Suggested Duration: 8-10 weeks)

- Forehand and backhand cut backs
- Adjusting skills and equipment to match wave conditions
- Interpreting weather conditions
- Surfing Australia clubs and membership

Level 5

- Performing simple manoeuvres in a simple sequence
- Kicking out from waves
- Picking wave take-off points to maximise surfing time and conserve energy
- Ocean environments and the surfers' role in protecting the environment



SURFING WA EXCURSION POLICY FOR SCHOOL SURFING PROGRAMS

INFORMATION

Surfing Western Australia is recognised as the governing body for the disciplines of shortboard surfing, longboarding, bodyboarding and stand up paddle boarding in this State.

The association is committed to providing opportunities to participate in surfing at all levels.

ENVIRONMENT

In consultation with the relevant management authorities, Surfing WA will be responsible for the daily assessment of conditions and the feasibility of the venue for activity.

TRANSPORT

Transport to and from the Surfing WA operations area is the responsibility of the client.

PRE-REQUISITES

It is the responsibility of the client to ensure all participants are seven (7) years of age or above, be able to swim at least 50 metres and tread water unaided for at least 1 minute.

It is the responsibility of the client to inform Surfing WA of any specific student's health or medical issues. Upon request, provision can be made for any student with special needs.

SUPERVISION AND STAFF

Mandatory requirements for Surfing WA coaching staff are:

- Qualified Level 1 NCAS Surfing Coaching Accreditation.
- Registration with the Australian Sports Commission.
- Annually updated S.L.S.A Surf Rescue Certificate
- Police Clearance
- Working With Children Check

Supervised ratios of participation in Safe Surfing programs are:

- | | | | |
|-----------------------|---------------|-----|----------------------|
| • Shortboard surfing: | One (1) Coach | per | Eight (8) students |
| • Longboard surfing: | One (1) Coach | per | Eight (8) students |
| • SUP boarding: | One (1) Coach | per | Eight (8) students |
| • Bodyboarding: | One (1) Coach | per | Twelve (12) students |

Surfing WA staff are also responsible for:

- Identifying a Safe Surfing environment.
- Monitoring weather and environmental conditions prior to and during activity
- Effecting and/or coordinate a rescue
- Rendering emergency care
- Monitoring the well-being of students



COMMUNICATION

Surfing WA staff will utilise one or all of the following methods of communication:

- Verbal
- Whistles
- Hand signals/ Signs
- Mobile Phone
- Beach Inspectors

INSURANCE

Surfing Western Australia hold Public Liability Insurance policy of \$20 million. A copy of the Certificate of Currency will be available upon request.

COMPLETE EMERGENCY RESPONSE PLANNING

Surfing Western Australia has a comprehensive Risk Management Plan in place for all events and activities. It is the responsibility of the school to provide Surfing WA with a student participation list containing:

- Full Name
- Date of Birth
- Post Code

This information is required for proof of participation and insurance purposes and will remain confidential.

BRIEFING OF STUDENTS AND SUPERVISORS

Prior to any course commencing, supervisors and students will be briefed on safety issues, responsibilities and guidelines for participation.

FOR MORE INFORMATION

Neil Thompson

State Coaching Director

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